

## Part 2: PRECAUTIONS / SHARING INFORMATION

Take these precautions and have these items on hand ASAP so you will have what you need at the start and be able to calm any fear you may be tempted to react to. Having supplies that will safeguard you and give you the tools you need to heal will put you at ease and give you the upper hand you will need. This upcoming "flu season" will be the testing of all of us given what they have done through these vaccination induced "gain of function" virus strains. Vaccinating while a pandemic is in process only leads to the virus learning how to overcome the vaccine and mutate and proliferate into a much stronger and deadlier strains. Hence all these new variants. If I know this, then they who put this in motion know this, so I can only guess at their intentions for carrying out this vaccine agenda.

**Part 4** has the natural preventive and treatment Supplement list. **Part 3** has the doctor treatment protocol links, and the doctor contacts for everyday prevention and support. You should take note to increase dosages when you feel like something is coming on. Vaccinated or unvaccinated, everyone will need these items for different reasons. The same preventions and treatments you use to prevent or treat COVID with, are going to be the same preventions and treatments you will use to treat yourself against vaccine shedding side effects, and the same preventions and treatments the vaccinated will need to use against the devastating side effects of the vaccines they were injected with, unless they were blessed with getting the saline placebo. "Placebo, you say? Yes. Remember, we are all part of their mass experiment. The lot numbers on the cards you got indicate if you got the placebo, the MRNA, or the Vector vax. That is how they do trials. But hear me on this, vaxxed or not vaxxed, we will all need these protocols and natural alternatives to build a wall of defense around our immune systems.

Reports have been coming in on a regular basis from many doctors researching what is in the vials and they are consistently shocked at what they are finding in the "vaccines", and surprised to find many people were given saline while others got the extremely toxic real thing. This is the largest trial ever done in all of history and **NO ONE** knows the outcome (but maybe they who started this do). In fact, those who are vaccinated, will need these preventatives and treatments **PROACTIVELY** to defend against ADE (antibody-dependant enhancement) which all the doctors are warning of so intensely. At this point this will play out, however it will play out, come the start of the "flu season". No one really knows how bad it will be. But the doctors have warned whatever happens the vaccine makers will blame it on the unvaccinated to cover up their wrongdoing, when the data is proving that it is the vaccinated creating the spike proteins from the so-called "vaccines" injected into them that are causing the variants, and it is the vaccinated dying in far, far greater numbers. So let's refuse to play the blame game and help each other to be prepared and have support. Because the hospitals will be of no help when the peanut butter hits the fan, given they have fired over half their staff, because they saw the truth and refused to be part of this vaccination Russian Roulette.

With thousands being forced fired in every first responder and law enforcement job, and the hospitals grossly understaffed and re-staffed with unqualified replacements (if any at all) who have put feeding tubes into lungs instead of stomachs where they should have gone (I am not making that up, it happened.); and with doctors operating under the CDC hospital mandated "one size fits all" remdesivir/ventilator only derangement arrangement protocol, despite family members begging to use Budesonide and /or Ivermectin or Hydroxychloroquine, all proven to work with flying colors by the way, the advice of so many doctors now is "Avoid the hospitals at all cost". For the first time ever **DOCTORS** are saying this and saying you will be better off knowing how to treat yourself preventively if you can do so at home. And they have had to join together to form telemedicine groups to help people at home, and they have given us treatment protocols on video and PDFs to further help us do so **ALL AT HOME**. Can anyone say. "Upsidedown world"? What a sad, sad state of

affairs, but we have solutions. There is hope. Don't give up. Wake up, read up, make good choices, and get ready.

I would strongly advise that you read and study the protocols so you know what to do ahead of time. Have them available and easy to find when you need them. I would write them down and put them in an assigned place so you or a family member have them at hand and do not have to search for them. Get them in your understanding so if you have been exposed to something, you will have some help on hand for early treatment, and are not at the mercy of these hospitals that are **REFUSING** to treat us with the protocols that actually heal. I am telling you, every doctor I have listened to is warning to **STAY AWAY FROM THE HOSPITALS** due to their rigid adherence to ventilator/remdesivir treatment protocols that kills patients 99% of the time. That is a dismal outcome for any treatment that is considered **protocol and the only treatment allowed !** They are **REFUSING** to give the treatments you ask for that help. They simply will not do so. Why? Because these hospital protocol orders have come from the UN and our CDC is following their mandates for the first time in US history. All of a sudden this tyrannical medical cartel is ruling over us. We can only "guess" at the reasoning to block doctor/patient collaboration and choice. Never before has this kind of banning of proven treatments happened.

Hopefully these alternative natural treatments, and the meds listed (if you can get them), and the doctor sites where you can get help, will help keep you out of a hospital so you are not subjected to a "one size fits all ventilator/remdesivir treatment protocol", which despite its' high death rate, continues to be used because the hospitals and doctors fear losing their licenses. Hospitals are receiving triple the amount of money for anyone they say has COVID and is put on a ventilator. They will put you on one whether you need it or not. In fact, their protocol is to do so. Thousands are reporting this. You have to fight like a bull dog to a bone to get them to even consider budging. Doctors must follow the hospital protocol coming from the UN and CDC whether they agree or not, or lose their jobs.

So, it would behoove you to get these supplements on hand before **THEY** block us from getting them, because they are actively trying to do so as I write this. Globalist giant Amazon has already removed the very effective **NAC** supplement used successfully to prevent and treat against the "vaccine shedding" and blood clotting that so many people are experiencing. Last I heard it will be gone everywhere else by January 1, 2022 thanks to our corrupt CDC. And they are planning on removing other supplements that control side effects, and classifying them as "drugs". Yes, really..... Our corrupt legislators have suspended our laws and Constitution using a virus. How all this is even legal is beyond my understanding.

Not only do these supplements strengthen your immune system from all sorts of viruses and colds, but they also are very effective in the prevention and healing of other diseases and chronic conditions i.e. cancer,( Big Pharma's most profitable industry to date, until these vaccine mandates). Gee, I wonder if they are afraid we might figure that out too? The knowledge that there is a cheap non-toxic treatment for cancer would destroy their largest industry (until these "vaccines").

What if people figure out that Ivermectin and HCO/zinc treatments could treat or cure flu (and cancer), would this mean no more need of yearly toxic Big Pharma flu shots that are causing an epidemic of dementia and alzheimers and other chronic diseases being conveniently blamed on "aging". What if people figured out they were actually signs of accumulated toxic ingredients in Big pharma meds and yearly flu shots in the brain and organs? Hence the onset in the past two decades or so, of alzheimers, dementia, autism, kidney failure, diabetes, cancer ....Hmmm, just saying. Why are diseases increasing instead of decreasing with all our medical scientific advancement? Critically think, people. It is by design.

Just take a look at all the new health facilities being built and see what they specifically address and you will quickly realize what **THEY KNOW** is coming down the pike. I don't know about you, but I have seen an unusual surge of cancer centers and long term alzheimers and dementia care facilities cropping up **EVERYWHERE** I look in the area I live in. That is a signal of what they have determined is to come. Medical corporations do not spend money on something they have not researched ahead of time, and do not believe will bring in great profit. These globalist corporations, AKA hospitals and medical centers, are your indicator of what is coming. They have all done predictive outcome research before building these gigantic monopolies of "a one size fits all treatment care". And they do not intend on losing money over it by offering us what really heals. Healing cancer would kill the cancer industry. That is why they have swat teamed every private alternative medical clinic that really does offer treatments that cure it and force them to go out of the country. Have you ever asked why people are not allowed to choose their own path to treatment and healing? What is the globalist medical industrial complex afraid of that they will not allow competition or choice? It's always "their big pharma way or the highway" and that is right where socialist medicine is going.

So get educated on healing yourself now, or find alternative doctors not beholden to the medical industrial complex, because we have a rocky road ahead if this medical tyranny we are experiencing right now is any indication of what is to come (and it is). These doctors who are standing up to this medical takeover by Big Pharma will be our "angels of mercy", so to speak. There are many out there, they just need our encouragement and support. They have families too they are concerned about, and careers they have invested a lifetime in, so do not be quick to judge them if they are still stuck with the system they have been dealt. They must be intelligent in how they deal with the task ahead of them so they can still be of help and practice without having their livelihood and licenses stripped from them. Then they will find it hard to help anyone. This whole agenda has put us all at risk and peril. But God has given so many of them the strategies and the grace to be who He has made them to be for the sake of everyone in need. Pray for them, back them up, and support them.

In the supplement section of **Part 5** I have explained some of the benefits of each supplement and given links so you can read up on the ones that may be less known to you, and so you can make your own informed decisions on what you may need. Many of you already know this information and more. So share with those who do not because I care 24/7 for a disabled son and this takes a lot of time and attention to keep track of and new things can get by me because I have not been on social media since I was banned back in 2016 before all this got hot. They took a lot of us out early. So I must actively search and re-search for my information. If you have social media you may have daily access to new treatments or information. But be careful because so much disinformation is allowed on Big Tech social media by design. Big Tech has stock in the vaccines and they have partnered with Big Pharma to push the vaccines like a drug lord pushes drugs. True treatments that are effective and work are banned and censored on social media and in the mainsteam media. So anything you see there research it first before you take it as gospel. I do not have access to that way of getting information. So keep me informed also. I am only putting this out there so we have most of what is already known all in one place on hand. A lot of these supplements I have been using for years and I know first hand they do work. I am purposely giving you a lot of choices because they keep playing wack-a-mole with the supplements. We find something that works and they wack it down and take it away.